

Optimum Weight Management Program



23 Day Program

\$175.00

Lose up to 20 lbs



40 Day Program

\$249.00

Lose more than 20 lbs

Combine the BodyHealth Optimum Weight Management Formula with two other BodyHealth supplements - PerfectAmino™ and BodyHealth Complete + Detox™ and you have the perfect diet package. Exclusive to BodyHealth, this package promotes effective weight-loss combined with an arsenal of protein and vitamins to prevent muscle and bone loss and aid detoxification.

When people lose weight it is common for them to lose bone and muscle tissue as well as fat. We want to guard against this. Bone loss can lead to osteoporosis, and loss of muscle and connective tissue leads to weakness and hanging skin.

For this reason we developed the Optimum Weight Management Program, designed to prevent lean muscle and bone loss. In addition to the bottle of Optimum Weight Management Formula, the package includes PerfectAmino, the only source of protein that is 99% utilized by the body to preserve lean body mass during and after the program. PerfectAmino helps prevent muscle and bone loss as well as providing essential protein on a calorie-restricted diet.

The Optimum Weight Management Program package also includes BodyHealth Complete + Detox, a multivitamin/multimineral/antioxidant supplement which gives your body extra nutrition to keep it running smoothly. Toxins are stored in a person's body fat, so when fat is lost through dieting, the liver can turn into a dumping ground for those toxins. BodyHealth Complete + Detox gently helps to eliminate toxins by aiding the liver in a detoxification process.

How it Works:

These homeopathic drops support weight-loss when combined with a low calorie diet. The formulation contributes to hypothalamus re-setting, has a significant fat-burning factor and contains a mixture of homeopaths which will support thyroid performance and pituitary gland function, will relieve hunger, boost metabolic rate, reduce cravings and counteract fatigue. The Optimum Weight Management Formula drops work by helping to balance the body's delicate endocrine network. This network includes the master glands in the brain; the hypothalamus and pituitary, and those in the body; the adrenals, thyroid, ovary and testicles. If these organs are not in harmony, then problems with appetite, cravings, and slowed metabolism may lead to excess weight gain. The BodyHealth Optimum Weight Management Program combines OWMF drops with a medically approved low-calorie nutritious diet. This combination helps to reset the hypothalamus so that natural appetite control can be restored and maintained. With better endocrine balance, an improved diet and added supplementation, we increase fat burning, increase body energy, and help to preserve lean body mass.